



**etac®**

# Etac Relax

Shower seat

# Relax shower seat

Adding a seat to the bathroom is a great way to make sure that showering is as relaxing and enjoyable as possible. It is also an excellent starting point to improve safety. Relax offers extra support, an appealing design and space-saving functionality - making it the perfect choice for any modern bathroom and many different users. It is always in place when it's needed, and folds nicely against the wall when it's not.

## Stylish and ergonomic design

Relax was developed in collaboration with industrial designers with extra focus on visually appealing details and ergonomic features.

## Flexible and comfortable for users

The seat has soft edges and a rounded shape to allow for different sitting positions, and the recess in the front provides easy access when washing. The velvety surface offers excellent comfort as well as a firm grip when wet.

## Many options for different needs

Relax comes in six different models and two choices of colour to accommodate varying needs. It's available with or without arm supports, and can be complemented with supporting legs for heavier users. There is also a heat-reflecting back support for further warmth and comfort.







*Relax comes with a 5-year warranty and a 10 year service life.*

## Arm support for extra assistance

The models with arm support provide additional assistance when standing up, sitting down or while seated. The arm supports are foldable just like the seat, and can be folded up individually if extra space is needed or when sitting sideways.

## Smooth folding

The seat and arm supports fold easily and smoothly.



## Features



### Several sitting positions

The seat's rounded shape makes it easy to turn sideways, as well as sit down from each side. The seat area is large and comfortable.



### Easy-grip arm supports

The arm supports are ergonomically shaped to fit the hand and the non-slip surface ensures a safe and secure grip.



### Folds flush against the wall

When folded up, Relax is very discreet and takes up minimal space. The optional arm supports also fold up flat against the wall. The seat looks equally stylish in its upright position.



### Easy to mount

The installation of Relax is quick and easy with only three screws (not included). To make mounting even easier, an adhesive template marking the exact fixing points is included.

## Bathroom safety

Fall accidents in the bathroom are unfortunately very common. Reducing the time you stand is the easiest way to improve safety, and having a seat in the shower is a great way to prevent accidents. Relax is the perfect starting point, as it offers added safety without having to compromise on design.



## Available in six different versions



*Relax shower seat*



*Relax shower seat with arm supports*



*Relax shower seat with arm supports  
and back support*



*Relax shower seat with supporting legs*



*Relax shower seat with supporting legs  
and arm supports*



*Relax shower seat with supporting legs,  
arm supports and back support*

### Versions with supporting legs

The supporting legs are height adjustable to ensure a comfortable seat height and a perfect fit to the floor. They fold up against the wall along with the seat.

#### Product name

White	81703010
White, with arm supports	81703020
White, with supporting legs	81703030
White, with arm supports and back support	81703060
White, with arm supports and supporting legs	81703040
White, with arm supports, back support and supporting legs	81703050
Volcano grey	81708000
Volcano grey with arm supports	81708010
Volcano grey with supporting legs	81708020
Volcano grey with arm supports and back support	81708050
Volcano grey with arm supports and supporting legs	81708030
Volcano grey with arm supports, back support and supporting legs	81708040

#### Colour

White, Volcano grey

#### Item no.

#### Maximum user weight

With/without supporting legs: 150/125 kg

#### Material

Seat; polypropylene  
Arm supports; polypropylene and TPE  
Legs; aluminium and stainless steel,  
Ferrules; TPE

#### Facts



Clean / disinfect the product using a standard non-abrasive cleaning agent with a pH between 5 and 9, or with a 70% disinfectant solution.  
The product can be safely cleaned in a cabinet washer-disinfector at 85°C for 3 minutes.

## Light or dark colour options

### The possibility to blend in - or stand out

For those who prefer the shower seat to be as discreet as possible, the choice of colour can be made depending on which model that best blends into their bathroom interior.

The decision can also be based on the opposite - to provide as much contrast as possible. This can be beneficial to improve visibility for someone with reduced eyesight, or enable easier recognition for people with cognitive impairments, such as dementia.



## Matching grab rails - Flex

There are grab rails available in the same design series, which complement Relax both visually and functionally.

Flex offers an “an extra hand” when standing up and sitting down, making transfers easier and safer. They are available in the same white and grey as Relax, and with adhesive as well as screw mount. Any number of rails can be connected to each other and positioned in different angles.





## Accessories



### Back support, soft

81704060

Soft, heat-reflective back support.  
Attached to the wall with velcro.  
Colour: White



### Supporting legs

81704050 - White

81708070 - Volcano grey

For extra stability and user weights up to  
150 kg. Height adjustable 45–55 cm.



### Screw kit

84006130

For mounting on wood/plywood or concrete  
walls. The kit includes screws and plugs.



Etac is a world-leading developer of innovative assistive devices and patient handling equipment. Since 1973, we have been committed to improving quality of life for the individual, family members and caregivers.

For the intended purpose of the products and latest information, please visit [www.etac.com](http://www.etac.com)

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